

Personal, Social, Health and Economic Education



Intent

We aim to give children at The Pochin School the knowledge, skills, and attitudes they need to effectively navigate the complexities of life in the 21st Century. The curriculum covers key areas which will support children to make informed choices now and in the future around their health, safety, wellbeing, relationships, and financial matters and will support them in becoming confident individuals and active members of society. Our RSE/PSHE scheme of work covers the Relationships and Health Education statutory guidance (as set out by the Department for Education), including the non-statutory sex education. It also covers wider PSHE learning, in line with the requirement of the National Curriculum, that schools must make provision for personal, social, health and economic education (PSHE). Children will also develop their understanding of the key British values which reflect life in modern Britain: Democracy; Rule of Law; Respect & Tolerance and Individual Liberty. The quality PSHE and RSE teaching provided is an important element of our safeguarding work. Children are regularly taught about safeguarding, including online safety.

Implementation

Our whole school approach consists of 5 areas of learning

- Family and relationships
- Health and wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

Each area is revisited every year to allow children to build on prior learning. The lessons are based upon the statutory requirements for Relationships and Health Education. Sex education has been included in line with the DfE recommendations and is covered in Class 5. A range of teaching and learning activities are used and are based on good practice in teaching RSE/PSHE education to ensure that all children can access learning and make progress. All the lessons include differentiation to stretch the most able learners and give additional support to those who need it. Teachers and other adults create a safe, respectful learning environment in which children can learn effectively. In many lessons, stories, scenarios, and video clips provide the opportunity for children to engage in real life and current topics in a safe and structured way. Role-play activities are also included to help children play out scenarios that they may find themselves in. Opportunities for cross-curricular learning are provided and consistent messages across the age ranges are provided including how and where to access help.

Impact

Our curriculum provides children with learning which they can utilise within their daily lives from dealing with friendship issues, to resilience to making healthy choices and knowing where and how to get help when needed. The teaching in the classrooms is reinforced by whole school events including Anti Bullying Week and Internet Safety Day. Educational visits are also used to deliver key aspects of the PSHE curriculum. The taught lessons include opportunities for assessment which informs planning, direct teaching and help children develop their self-awareness. Circle times, worry boxes, pupil voice and our behaviour management systems provide information about the impact of our teaching and any further areas for development.