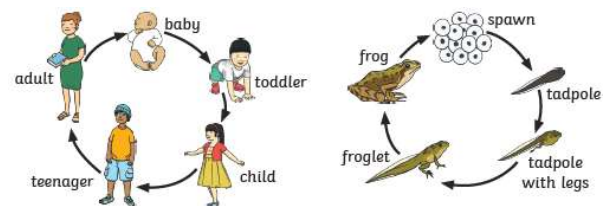



# Animals including Humans

## Key Vocabulary

<b>Adult</b>	A fully grown animal or plant.	<b>Develop</b>	To grow and become stronger.	<b>Life cycle</b>	The changes living things go through to become an adult.
<b>Offspring</b>	The child of an animal.	<b>Reproduce</b>	When living things make a new living thing of the same kind.	<b>Young</b>	Offspring that has not reached adulthood.
<b>Live young</b>	Offspring that has not hatched from an egg.	<b>Dehydrate</b>	To lose water (dry out).	<b>Diet</b>	The food and water that animal needs.
<b>Disease</b>	Illness or sickness.	<b>Energy</b>	The power needed to carry out a task.	<b>Exercise</b>	A physical activity to keep your body fit.
<b>Germ</b>	Bugs that cause disease and illness.	<b>Heart rate</b>	The number of times a heart beats in one minute.	<b>Hygiene</b>	How clean something is (to stay healthy and stop disease and illness spreading).
<b>Nutrition</b>	Food needed to live.	<b>Pulse</b>	The beating of the heart that can be felt in your neck and wrist.		

## Key Knowledge

<p><b>How do animals grow?</b></p>	<p>All animals change at different stages as they grow into adults.</p> 	<p><b>What are the life stages of a human?</b></p>	<p>Children can describe how humans change as they grow and name the different stages in the human timeline.</p> 	<p><b>Why do humans need to exercise?</b></p>	<ul style="list-style-type: none"> <li>- Exercise makes your heart happy!</li> <li>- Exercise strengthens muscles.</li> <li>- Exercise makes you flexible.</li> <li>- Exercise keeps the balance.</li> <li>- Exercise makes you feel good.</li> </ul>
<p><b>What are the different animal babies?</b></p>	<p>All living things reproduce and have offspring. Some animals give birth to live young. Others have offspring that doesn't look like them and some lay eggs.</p>	<p><b>Which foods are healthy and which are less healthy?</b></p>	<p>To grow into a healthy adult, we must eat the right types of food in the right amount and exercise. We need:</p> <ul style="list-style-type: none"> <li>- Fruit and vegetables</li> <li>- Carbohydrates</li> <li>- Dairy and alternatives</li> <li>- Proteins</li> </ul> <p>Eat less often and in small amounts and drink plenty of fluids (6-8 glasses a day).</p>	<p><b>How and why should I keep myself clean?</b></p>	<p>To stop illness and infections spreading, we must be hygienic and keep ourselves clean.</p>
<p><b>What do animals need to stay alive?</b></p>	<p>To stay alive all animals have 3 basic needs:</p> <ul style="list-style-type: none"> <li>- Air</li> <li>- Water</li> <li>- Food</li> </ul>				

## Prior Learning

Children will be able to name the 5 senses  
 Children will understand the terms herbivore, omnivore and carnivore  
 Children will be able to talk about mammals, reptiles, amphibians etc.

## Next Steps

Children will learn about the function of the human skeleton and how muscles work